

**Series "Our Riches In Christ"**  
**"The Belt"**  
**Ephesians 6:13-14**  
**Study-26**

**1 John 2:21 because no lie is of the truth.**

"**Belt of truth**" Which is the first piece that the soldier puts on as he prepares to meet the enemy.

**Thought Of The Passage:** The Integrity Of Truth Is Not Merely Possessing The Truth But Truth Possessing Us.

- 1. Verse 13 – The Full Armor**
- 2. Verse 14 – The Belt Of Truth**
- 3. Verse 14 – The Importance Of Truth**
- 4. Verse 14 – The Victory Through Truth**

**1. Verse 13 – The Full Armor:**

**Ephesians 6:13 Therefore**, what is the therefore there for? We are to be strong in the Lord That is where the strength is, we can not fight the battle in our own strength.

The Armor we need to avail ourselves to the protection that God has provided for us.

The Battle it is not a flesh and blood battle, but it is a spiritual battle.

The Enemy is the devil with other demons.

**take up the full armor of God,**

**Notice it does not say, "Make up the full armor of God!"**

it says, "**Take up the full armor of God!**" The armor is already designed and provided for us.

Paul could be alluding to another passage in Isaiah where the Lord is pictured as a warrior and Paul sees God wanting to share the armor with us. **Isaiah 59:17**

Paul mentions 7 pieces of armor that the Christian must put on if he is to stand in the Lord.

**6 articles or gear and the 7th is a non-clothing item which is prayer.**

**The Armor: (Pictures)**

1. V-14 girded your loins with truth, (First need to have truth.)

2. V-14 breastplate of righteousness, (Stand in His righteousness.)
3. V-15 shod your feet with the preparation of the gospel of peace; (Peace in war.)
4. V-16 shield of faith (Only thing that can shield us.)
5. V-17 helmet of salvation, (Security and protection.)
6. V-17 sword of the Spirit, (Word of God only offensive gear.)
7. V-18 all prayer and petition, pray at all times in the Spirit,

**so that you will be able to resist in the evil day,** The Bible never tells us to attack Satan. It does tell us to "resist, "to stand firm." **James 4:7**

## **2 Examples Of Attacks By Satan.**

**1. Joseph Was Tempted: (Genesis 39)** Serving God in Potiphar's house over all. **Genesis 39:6,7,10-12**

**2. Daniel Was Attacked: (Daniel 6)** Told that he could not petition any god or person besides king Darius. Daniel stood his ground; he did not flee. He was attacked for doing what was right. God delivered him from the lions.

**in the evil day,** Paul already told us. **Ephesians 5:16**

**evil day** - that is now, it is unexpected, it is unannounced.

**1 Peter 4:12; Church of Smyrna Revelation 2:10**

**and having done everything, to stand firm.**

It is when we sleep and are not alert and dressed for action that we fall into danger.

1. Noah got drunk and slept and was violated by his son.
2. Samson slept and his hair was cut.
3. Saul slept and his spear was taken by David.
4. Eutychus sitting on the windowsill, sinking into a deep sleep;  
**(Acts 20:9)**

## **2. Verse 14 – The Belt Of Truth:**

**Ephesians 6:14 Stand firm** - *"to hold a critical position while under attack"* It's easy to hold down the position when there is no attack.

**therefore**, what is the therefore, therefore? **take up the full armor of God, that you may be able to resist in the evil day, and having done everything, to stand firm.**

**The Belt: (Picture) HAVING GIRDED** - to fasten garments with a girdle or belt; It was a leather belt or leather girdle that was worn over the tunic. It was like a large sheet with a hole for your head to go through that extended to the knees.

The belt or girdle would be pulled in for action. We use the expression, **"We need to tighten our belts!" It speaks of action.**

The belt would be the first piece of armor put on that would pull in the bulkiness of the tunic. It was also used to fasten the breastplate to. It was used to attach to the scabbard for the sword.

### **YOUR LOINS WITH TRUTH,**

with truth as a girdle, figuratively, to equip one's self with knowledge of the truth to gird one's self;

**What do we mean by "Having girded your loins with truth?"**

**Truth Of The Bible: John 17:17; Ephesians 6:17**

**Jesus Is Truth: John 14:6**

**Truth As Integrity:** *(It is important to have the truth, but equally important for truth to have us) Are we living the life of truth? Or are we living in falsehood, and living a lie?*

**Ephesians 4:15; Ephesians 4:25; Ephesians 5:6; Ephesians 5:9**

## **3. Verse 14 – The Importance Of Truth:**

**Ephesians 6:14**

**John 8:31-32**

There is absolute truth and the truth is in Jesus Christ and His Word. Jesus spoke about the importance of applying the truth of His Word.

## **Matthew 7:21-23**

**Do we know the truth? Do we know Jesus personally?**

**If we are not girded with the truth, we are dupes before Satan who is the father of lies.**

**If we lie, we fall into his hands and become his captives.**

**In order to keep growing as a Christian we must gird our loins with truth. If you are not learning and applying the truth you are not growing.**

### **4. Verse 14 – The Victory Through Truth:**

#### **Ephesians 6:14**

**So this is a call of Paul to pull in and to live a non-hypocritical life.**

#### **1 Peter 1:13**

Some Christians are not victorious because of the sloppy tunics of mindless engagement and cares, and it hinders us from service for God. We get entangled and end up in defeat.

**The life of David was marked by a life of devotion, but there was one year of his life that he lived a lie.**

Few Psalms were written during this time **Psalms, 32, 38, 51**

#### **Psalm 51:1-6**

**Truth Is Integrity** (It is important to have the truth, but equally important for truth to have us. Body of the Christian truth)

### **Application:**

1. The Full Armor Of God Provides Protection For Spiritual Battles.
2. The Belt Of Truth Consists Of Not Only Possessing The Truth But Truth Possessing Us.
3. The Importance Of Truth Is That We Can't Grow, Nor Can We Experience God's Victory Apart From The Truth.
4. Victory Through Truth Takes Place When **HAVING GIRDED YOUR LOINS WITH TRUTH**, To Pull In And To Live A Non-Hypocritical Life.